

SPA
AT SHORE CLUB

MASSAGE

Hot Stone 50 minutes \$165
80 minutes \$230

Find refuge in the healing warmth of this ancient massage practice. Heated stones penetrate deep within the muscle tissue taking you to the ultimate state of relaxation.

Sports Remedy 50 minutes \$170
80 minutes \$225

An intense targeted massage for fatigued and overworked muscles. A combination of warm compresses, specialized aromatherapy oils and firm pressure help make this massage a favorite of athletes.

Deep Tissue 50 minutes \$160
80 minutes \$220

Designed for the physically active person, this therapy combines deep tissue techniques, range of motion and resistance work to promote healing and prevention of injuries. Specific areas are addressed to release and relax tired muscles.

Aromatherapy 50 minutes \$155
80 minutes \$215

An essential oil is selected and used with a light to medium pressure massage technique to calm, relax or revitalize the senses, depending on your needs.

Pre & Post Natal 50 minutes \$155
80 minutes \$215

Specially designed for brand-new mothers or women in their second or third trimester of pregnancy. This treatment provides comfort and relief during this time when the body needs extra care and nurturing.

Wild Zesty Scalp & Body 50 minutes \$155
80 minutes \$220

Zesty and aromatic blends of warm essential oils are applied to the scalp, neck and shoulders. While the oil nourishes the scalp, a full body massage combats mental exhaustion and restores the spirit. The perfect antidote for jetlag and fatigue.

Free Style Swedish 50 minutes \$130
80 minutes \$190

A classic full-body massage, using long, smooth strokes and kneading techniques to improve circulation and promote an overall sense of relaxation.

Target Massage 30 minutes \$90

Relieve pain and reduce tension in any area of your choice. This is a fantastic solution for pain relief when you don't have a lot of time, or for over used, tired muscles that require extra attention.

Reflexology Treatment 30 minutes \$80

Relaxing treatment on the feet where all pressure points are addressed. Designed to release tension and help with anything from headaches to sinus problems.

In-Room Massage Additional \$50 per service

For your comfort, a selection of our massages are available in the privacy of your room. 24-hour advanced notice is required.

Massage Enhancements

Aromatherapy	\$30
Foot Massage	\$30
Rosemary Scalp Treatment	\$20

SCRUBS

Lemongrass & Green Tea Sugar Scrub 30 minutes \$90

Smooth your body with raw sugar cane, green tea and the healing properties of lemongrass to help refine your skin. Antioxidant-rich and infuse with healing essential oils to make your skin sparkle with a youthful glow.

Eucalyptus & Lavender Sugar Scrub 30 minutes \$90

This gentle exfoliation invigorates and stimulates the lymphatic system, eliminates toxins and increases blood circulation while nourishing and hydrating the skin.

BODY WRAPS

Body Luxe Hydrating Wrap 60 minutes \$155

After a delicate exfoliation of the body, you will be enveloped in frothy self-heating mud. For skin in need of deep, lasting hydration and protection.

Seaweed Detox Wrap 60 minutes \$160

Start with a deep exfoliation, followed by a seaweed wrap rich in minerals to remove toxins while repairing and nourishing your skin to a healthy glow.

FACIALS

Ultimate Ageless Oxygen Facial 80 minutes \$220

Medical grade ingredients combined with rare Alpine organics, deliver unparalleled cell-renewal, damage repair and nourishment. A double cleanse and customized exfoliation prime skin to receive layer upon layer of antioxidants and cosmeceutical actives, completely personalized for your skin's needs.

Youth Shield Facial 80 minutes \$220

This incredible anti-aging treatment uses a powerful antioxidant complex to help restore youthfulness and radiance to environmentally stressed skin. Made with organic red currants and with the help of micro-current to stimulate blood flow, detoxifies and exfoliates the skin leaving you glowing. Appropriate for anyone.

Purifying Oxygen Facial 60 minutes \$180

Deep clean, clarify and calm problematic skin utilizing the powerful benefits of pure oxygen. Double cleansing prepares the skin for our fermented pumpkin enzyme peel to effectively exfoliate and brighten the complexion. Our pore cleansing extractions, targeted balancing mask and custom vitamin and mineral-packed oxygen infusion helps to leave skin clear and radiant.

Illuminating Facial 60 minutes \$175

Laced with potent Bio-Swiss certified organic extracts proven to reverse pigmentation such as sun damage and freckles. This treatment is the perfect starting point or booster to a skin brightening program.

Prenatal Facial 60 minutes \$165

Hormonal changes during pregnancy can cause new skin concerns such as sensitivity, break outs, dark spots and even dryness. Utilizing pristine Swiss botanicals and the latest high-tech actives, our pre-natal treatment is completely personalized from start to finish and contains no harmful chemicals.

Organic Facial 60 minutes \$165

Nature's best products create a custom facial for the even the most sensitive skin. This organic treatment includes steam, extractions (if needed), mild exfoliation, a personalized mask and moisture infusion.

Men's Custom Facial 50 minutes \$155

Designed just for him, this treatment soothes skin irritated by daily shaving and environmental aggressors.

Facial Enhancements

Eye Treatment	\$50
Collagen Mask	\$75
Enzyme Peel	\$75
Oxygen Blast	\$80

MANICURES & PEDICURES

Pure Fiji Paradise Mani & Pedi

Bring back a youthful glow to hands and feet with a warm coconut milk bath soak and exfoliation of pure cane sugar infused with nut oils. A rich masque is applied to deeply hydrate skin, concluding the service with a warm vitamin rich lotion with exotic oils, applied for deep relaxation and your choice or regular polish.

Pure Fiji Manicure	\$35
Pure Fiji Pedicure	\$55
Shellac Manicure	\$55
Shellac Pedicure	\$70
Shellac Removal (Hands)	\$15
Shellac Removal (Feet)	\$15
Polish Change (Hands)	\$20
Polish Change (Feet)	\$25
Paraffin Hand Treatment	\$25
Paraffin Foot Treatment	\$35

WAXING

Eyebrow	\$35
Upper Lip	\$15
Chin	\$15
Half Arm	\$30
Full Arm	\$50
Half Leg	\$45
Full Leg	\$70
Bikini Line	\$45
Back	\$60
Ears	\$20
Underarm	\$30

SPA

AT SHORE CLUB

HOURS OF OPERATION

Sunday - Thursday 9am to 7pm,
Friday & Saturday 9am to 8pm

APPOINTMENTS

Please call 305-695-3292 or extension 3292 to schedule your appointments. A credit card or registration card will be required to hold all appointments.

We require 8-hour notice if you must cancel or reschedule an appointment. Cancellations made less than 8 hours in advance and "no-shows" will be charged the full cost of the service. Minimum age for spa services is 16.

PAYMENT

Major credit cards and cash are accepted. Registered guests of Shore Club have the option of charging spa fees to their hotel bill, given proper identification.

Prices are subject to change without notice.

SERVICE CHARGE

For your convenience, a 20% service charge will automatically be added to all services.

ARRIVAL

The spa is located on the SP level of the North Tower. Please arrive at least 15 minutes prior to your appointment time so that we may acquaint you with our facility. Late arrivals will result in lost treatment time. As a courtesy to all our guests, all treatments will end at the scheduled time.

ATTIRE

Robes and slippers will be provided, as well as lockers for all of your personal possessions. As we cannot be responsible for lost or stolen items, please avoid bringing valuables to the spa.

CELL PHONES

Our mission is to provide an environment where silence and soft conversation reign. Please be sure to turn off your cell phone so that your relaxation, and that of others, is not disturbed.

HEALTH CONCERNS

Please inform us of any medical conditions you may have as well as any medications you are taking, by filling out your guest questionnaire.

In case of pregnancy, you must be over the first trimester or have written medical clearance in order to be served (only technique available for this stage is a pre-natal massage).

YOGA

Join the Shore Club for a complimentary yoga class (guests of the hotel solely). Visit the concierge desk for times and dates yoga is offered.

WEBSITE

shoreclub.com